

What to do if you're worried while school is closed

If you feel unsafe at home, or feel worried about a friend or sibling during the current situation, here are some things you may be able to do to get the help you need:

- Text a trustworthy family member or safe adult who may be able to help you
- Call Childline **0800 1111** and talk through how you are feeling and your concerns
- Email one of the Designated Safeguarding Leads at school
 - *Mrs Lorimer* hilary.Lorimer@stoswalds.covmat.org
 - *Mrs Evans* Jackie.Evans@stoswalds.covmat.org
- Call the police in an emergency (**999**) or a non emergency (**101**)
- Speak to Young Carers if you are looking after someone at home **02476 217740**
- Look online at support from the Family Information Service
www.warwickshire.gov.uk/childrenandfamilies
- If you feel unsafe or in danger call the council helpline on **01926 414144**

**If you are unable to do any of the above because it isn't safe to do so, perhaps you could alert a neighbour or passer by to your situation*